



> Salon/Spa Hand Hygiene

Beauty professionals literally touch more individuals on a daily basis than most medical professionals. According to the U.S. Centers for Disease Control & Prevention (CDC), proper hand hygiene is a primary intervention in minimizing the transfer of H1N1 flu and other infectious disease.

FREQUENCY

When to wash hands:

- Always use soap and water if your hands are visibly dirty.
- After coughing, sneezing, and using a tissue or handkerchief.
- Before and after eating or smoking.
- After using a restroom.

Additional for salon/spa professionals:

- At the start of the work shift and after breaks.
- Before and after working with a client.
- After handling soiled equipment and/or tools.

When to use a hand sanitizer:

- Only when hands are not visibly soiled.
- After washing soiled hands.
- When soap and water are not available.

PROCEDURES

Hand washing:

- Wet hands with warm water, apply hand soap, and rub hands together vigorously to lather.
- Rub for 20 seconds. Be sure to pay attention to fingernails and in between fingers.
- Rinse hands with warm water.
- Dry your hands using a paper towel or air dryer. If possible, use your paper towel to turn off the faucet.

Hand sanitization:

- Apply product to palm.
- Rub hands together covering all surfaces of hands and fingers. Be sure to pay attention to fingernails and in between fingers.
- Rub until dry (15-20 seconds).



Source: Centers for Disease Control and Prevention (CDC).